

TARA ROKPA

HIGH SCHOOL WORKSHEET

History

- 1 Explain the role that the Tibetan court played in the development of Tara Rokpa
- 2 Name the sources that Tara Rokpa developed from.

Diagnosis

- 3 Discuss diagnosis in Tibetan Medicine under the following headings:
 - a. Interrogation
 - b. Visual observation
 - c. Touch

Treatment

- 4 What is the philosophy underlying Tara Rokpa and how does this impact on the treatment of a patient?
- 5 Name and briefly describe the methods of treatment in Tara Rokpa. Are these methods sufficient? Explain your view.